

# 5 FABULOUS DAYS OF FITNESS FUN!



Coach Patty will be leading the 5 days of fitness fun. The kids will get a keepsake to remember each day! Sign up at the front desk and complete the enrollment form. Payment is due by May 31st.

## Enjoy 5 days of fitness fun for only \$60.00!

Enrollment Form

Child's

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Email address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Health Disclosure: Children enrolled in the Stretch-N-Grow Five Fabulous Days of Fitness Fun will participate in an exercise session in 5 consecutive days. Each class will last about one hour. The exercise portion will consist of warm-up, stretching, aerobic activity and cool down all designed for young children. Please describe any injuries or health problems which might limit your child's participation.

\_\_\_\_\_

\_\_\_\_\_

Parent Signature \_\_\_\_\_

Printed Parent Name \_\_\_\_\_



**South: June 3-7th**  
**North: June 10-14**

