

5 Days of  
Fitness Fun!



Coach Patty will be leading the 5 days of fitness fun. The kids will get a keepsake to remember each day! Sign up at the front desk and complete the enrollment form. Payment is due by June 1st.

Enjoy 5 days of fitness fun for  
only \$60.00!

Enrollment Form



Child's  
Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Email address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Health Disclosure: Children enrolled in the Stretch-N-Grow Five Fabulous Days of Fitness Fun will participate in an exercise session in 5 consecutive days. Each class will last about forty-five minutes. The exercise portion will consist of warm-up, stretching, aerobic activity and cool down all designed for young children. Please describe any injuries or health problems which might limit your child's participation.

\_\_\_\_\_  
\_\_\_\_\_

Parent Signature \_\_\_\_\_

Printed Parent Name \_\_\_\_\_

